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NITTTR (<https://swayam.gov.in/explorer?ncCode=NITTTR>) » Student Psychology (course)

Course outline

Welcome Message
()

Student Psychology
Overview ()

Course Syllabus ()

Course Entry
Survey ()

Telegram Group
Link ()

Week-1: Teaching
Learning Process ()

Week-2: Student
Characteristics,
Types and
Problems ()

Week-3:
Psychological Tests
and Inventories ()

Week-4: Student
Motivation ()

Week-5: Physical
and Cognitive
Development ()

Week-6: Emotional
and Social
Development ()

Week-7: Neuro-
Linguistic
Programming ()

Week-8:
Counselling Skills
and Summary ()

1. Welcome Message
(unit?
unit=125&lesson=126)

2. Overview and
Basics of Counselling
(unit?
unit=125&lesson=127)

Graded Activities: Knowledge Quiz-8

The due date for submitting this assignment has passed.

Due on 2025-05-11, 23:59 IST.

As per our records you have not submitted this assignment.

1) The major task of the professional counselling for the students is to

1 point

- ☐ Control their behaviour
- ☐ Punish their behaviour
- ☐ Modify their behaviour
- ☐ Reward their behaviour

No, the answer is incorrect.
Score: 0

Accepted Answers:
Modify their behaviour

2) Paraphrasing in counselling means

1 point

- ☐ Repeating the statements as it is
- ☐ Restating the content but not exact words
- ☐ Communicating the problem
- ☐ Understanding the problem

No, the answer is incorrect.
Score: 0

Accepted Answers:
Restating the content but not exact words

3) One of the major aims of student counselling is to

1 point

- ☐ Empower the student
- ☐ Advise the student
- ☐ Judge the student
- ☐ Teach the student

No, the answer is incorrect.
Score: 0

Accepted Answers:
Empower the student

4) Active listening helps a counsellor to

1 point

- ☐ Direct the conversation
- ☐ Encourage the student to share more
- ☐ Provide immediate solutions
- ☐ Focus on problem solving

No, the answer is incorrect.
Score: 0

Accepted Answers:
Encourage the student to share more

5) Empathy involves

1 point

- ☐ Feeling sorry for someone

3. Essential Skills for Counselling (unit? unit=125&lesson=128)

4. Qualities of an Effective Counsellor (unit? unit=125&lesson=129)

5. Video Feedback Model of Counselling (unit? unit=125&lesson=130)

6. E-Content (unit? unit=125&lesson=131)

Quiz: Graded Activities: Knowledge Quiz-8 (assessment? name=197)

- ☐ Feeling sorry for oneself
- ☐ Putting oneself in someone else's position
- ☐ Putting oneself before others

No, the answer is incorrect.
Score: 0

Accepted Answers:

Putting oneself in someone else's position

6) Reflection of feelings means

1 point

- ☐ Questioning by the student
- ☐ Questioning by the Teacher-counsellor
- ☐ Expression of the problem by the counsellor
- ☐ Expression of feelings by the counsellor

No, the answer is incorrect.
Score: 0

Accepted Answers:

Expression of feelings by the counsellor

7) The type of question that a counsellor should use when probing a student's situation is

1 point

- ☐ Close- ended
- ☐ Leading
- ☐ Open-ended
- ☐ Rhetorical

No, the answer is incorrect.
Score: 0

Accepted Answers:

Open-ended

8) The primary purpose of guidance is

1 point

- ☐ Providing emotional support
- ☐ Offering information and alternative choices
- ☐ Diagnosing mental health issues
- ☐ Modifying behavior

No, the answer is incorrect.
Score: 0

Accepted Answers:

Offering information and alternative choices

9) Responding in counselling involves

1 point

- ☐ Providing feedback and emotional support
- ☐ Focusing on the counsellor's perspective
- ☐ Changing student's feelings
- ☐ Making assumptions about the student's needs

No, the answer is incorrect.
Score: 0

Accepted Answers:

Providing feedback and emotional support

10) The quality of an effective counsellor related to understanding diverse backgrounds is

1 point

- ☐ Knowledgeable
- ☐ Culturally sensitive
- ☐ Patient
- ☐ Objective

No, the answer is incorrect.
Score: 0

Accepted Answers:

Culturally sensitive

11) Counselling can best be described as:

1 point

- ☐ A method for solving all problems
- ☐ Assistance in understanding and solving problems
- ☐ Providing advice to students
- ☐ A group activity for all students

No, the answer is incorrect.

Score: 0

Accepted Answers:

Assistance in understanding and solving problems

12) Before, you start counselling, you should

1 point

- ☐ Dress Well
- ☐ Prepare Well
- ☐ Mock Practice
- ☐ Clear your own Stuff/Issues

No, the answer is incorrect.

Score: 0

Accepted Answers:

Clear your own Stuff/Issues

13) The method of gathering information in counselling is

1 point

- ☐ Active Listening
- ☐ Expressing Empathy
- ☐ Questioning
- ☐ Summarizing

No, the answer is incorrect.

Score: 0

Accepted Answers:

Questioning

14) All theories of counselling believe that in counselling, the client should be a

1 point

- ☐ Voluntary participant
- ☐ Submissive recipient
- ☐ Appreciative participant
- ☐ Silent participant

No, the answer is incorrect.

Score: 0

Accepted Answers:

Voluntary participant

15) The specific problem behaviour of students can be dealt by

1 point

- ☐ Teachers
- ☐ Principal
- ☐ Parents
- ☐ Trained Counsellors

No, the answer is incorrect.

Score: 0

Accepted Answers:

Trained Counsellors

16) Placebo effect

1 point

- ☐ Lowers stress level of student
- ☐ Increases stress level of student
- ☐ Lowers stress level of counsellor
- ☐ Increases stress level of counsellor

No, the answer is incorrect.

Score: 0

Accepted Answers:

Lowers stress level of student

17) Providing alternative choices to individual for growth and development is known as

1 point

- ☐ Counselling
- ☐ Guidance
- ☐ Behaviour
- ☐ Support

No, the answer is incorrect.

Score: 0

Accepted Answers:

Guidance

18) Cathartic process in counselling refers to

1 point

- ☐ Encouraging students to bottle up emotions
- ☐ Releasing pent-up emotions for emotional relief
- ☐ Providing medication to relieve symptoms
- ☐ Teaching math skills

No, the answer is incorrect.

Score: 0

Accepted Answers:

Releasing pent-up emotions for emotional relief

19) During the process of counselling, nodding the head in agreement and sympathizing is

1 point

- ☐ Agreeing
- ☐ Empathetic resonance
- ☐ Listening
- ☐ Accepting

No, the answer is incorrect.

Score: 0

Accepted Answers:

Empathetic resonance

20) The main focus of probing questions is to

1 point

- ☐ Directly solve the student's issues
- ☐ Encourage exploration of feelings and situations
- ☐ Extend the conversation
- ☐ Limit the conversation

No, the answer is incorrect.

Score: 0

Accepted Answers:

Encourage exploration of feelings and situations