

(https://swayam.gov.in/nc_details/NITTTR)

NITTTR (https://swayam.gov.in/explorer?ncCode=NITTTR) » Student Psychology (course)



2. E-resource on NLP

3. Introduction to NLP

unit=104&lesson=106)

unit=104&lesson=107) 4. Brain and the Mind

Overview (unit?

(unit?

(unit?

	The due date for submitting this assignment has passed.	
elcome Message	As per our records you have not submitted this assignment.	Due on 2025-05-06, 23:59 IST
	Sub conscious mind	1 poin
dent Psychology erview ()		, pom
	Is a reservoir of thoughts and memories	
urse Syllabus ()	Information is consciously accessible	
	Is less powerful than conscious mind	
ırse Entry vey ()	Is a short term memory	
ey ()	No, the answer is incorrect. Score: 0	
egram Group	Accepted Answers:	
x ()	Is a reservoir of thoughts and memories	
ek-1: Teaching	2) The one action which will not help you to build rapport with someone is	1 poin
rning Process ()	Matching body posture	
k-2: Student	Using the same communication style	
acteristics,	Frequent eye contact	
nd	Talking at a different pace	
s ()	·	
3:	No, the answer is incorrect. Score: 0	
ological Tests	Accepted Answers:	
entories ()	Talking at a different pace	
-4: Student	3) NLP stands for	1 poin
ation ()	Nava linguistic and granding	
	Neuro linguistic programming	
-5: Physical	Natural linguistic processing	
Cognitive elopment ()	Neuro linguistic planning	
	Natural language processing	
-6: Emotional	No, the answer is incorrect. Score: 0	
Social	Accepted Answers:	
oment ()	Neuro linguistic programming	
k-7: Neuro-	A) NI D Dragijima sitiana ara	
stic	NLP Presuppositions are	1 point
ming ()	General beliefs underlying a system	
come Message	O Superstitious beliefs	
?	Statement in the NLP world	
t=104&lesson=105)	Thoughts by Bandler	

No, the answer is incorrect.

Left brain learning

General beliefs underlying a system

5) The type of learning that NLP primarily focuses on is

Accepted Answers:

Score: 0

1 point

1 point

1 point

1 point

1 point

unit=104&lesson=108)	Right brain learning	
5. Brain Gym (unit? unit=104&lesson=109)	Rote learning Traditional learning	
8. E-Resource 3 for Brain Gym (unit? unit=104&lesson=112)	No, the answer is incorrect. Score: 0 Accepted Answers:	
9. Presuppositions / Assumptions in NLP (unit?	Right brain learning 6) The founders of NLP are	1 point
unit=104&lesson=113)	Cuise Hay & Anthony Robbins	
10. Representational	O Doreen Virtue & Louise Hay	
Systems and	○ John Grinder & Richard Bandler	
Submodalities in NLP (unit?	○ Virgina Satir & Milton Erickson	
unit=104&lesson=114)	No, the answer is incorrect. Score: 0	
11. E-Resource for VAK Online Test (unit? unit=104&lesson=115)	Accepted Answers: John Grinder & Richard Bandler	
 12. E-Resource for Eye Accessing Cues 	7) Brightness is associated with	1 point
(unit?	Auditory sub modality	
unit=104&lesson=116)	Visual sub modality	
13. E-Resource for NLP Communication	Cinesthetic sub modality	
Model (unit?	○ Gustatory Sub modality	
unit=104&lesson=117)	No, the answer is incorrect. Score: 0	
• 14. NLP Tools and	Accepted Answers:	
Patterns (unit? unit=104&lesson=118)	Visual sub modality	
15. E-Resource 1 for Circle of Excellence	8) The four pillars of NLP are	1 point
(unit?	Knowledge, Skills, Attitude, Practice	
unit=104&lesson=119)	Rapport, Outcomes, Senses, Flexibility	
• 16. E-Resource 2 for	Goals, Strategies, Actions, Results	
Circle of Excellence (unit?	Communication, Motivation, Behavior, Reflection	
unit=104&lesson=120)	No, the answer is incorrect. Score: 0	
Ouiz: Graded Activities:	Accepted Answers: Rapport, Outcomes, Senses, Flexibility	
Knowledge Quiz-7 (assessment? name=196)	9) Fast Phobia Cure helps	1 point
	○ In eradicating procrastination	
Week-8: Counselling Skills	○ To get over fears	
and Summary ()	In removal of skin allergy	
	○ To improve performance	
	No, the answer is incorrect. Score: 0	
	Accepted Answers:	
	To get over fears	
	10) The percentage of conscious and subconscious mind in an individual is	1 point
	○ 10% and 90%	
	20% and 80%	
	○ 80% and 20%	
	○ 90% and 10%	
	No, the answer is incorrect. Score: 0	
	Accepted Answers: 10% and 90%	
	11) The VAKOG model is shorthand form for	1 point
	Virtual, audio, kinesthetic, olfactory and gestation	
	Virtual, audio,kallisthenics, order and genuine	
	○ Visual, audio, karisma, ordinary and gut	
	Visual, auditory, kinesthetic, olfactory and gustatory	
	No, the answer is incorrect.	

Score: 0	
Accepted Answers: Visual, auditory, kinesthetic, olfactory and gustatory	
12) Anchoring in NLP refers to the process of associating	1 poi
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
An internal response with external trigger The first piece of information with decisions	
Assumption with reality	
The thoughts and feelings	
No, the answer is incorrect. Score: 0 Accepted Answers:	
An internal response with external trigger	
13) Mirroring involves	1 poi
Matching the body movements of the other person	
Matching the lip movements of the other person	
Matching the physical patterns of the other person	
Matching the eye movements of the other person	
No, the answer is incorrect. Score: 0	
Accepted Answers:	
Matching the physical patterns of the other person	
14) Circle of Excellence is used	1 poi
To solve problems	
To get into a resourceful state	
To motivate a group	
To become a leader	
No, the answer is incorrect. Score: 0	
Accepted Answers: To get into a resourceful state	
15) Personal beliefs that hold you back are called	1 poi
○ Enabling beliefs	
Limiting beliefs	
Operation Defined by the Defining beliefs	
Inhibitions	
No, the answer is incorrect. Score: 0	
Accepted Answers: Limiting beliefs	
	, .
16) Trance in NLP means	1 poi
Putting in Sub-conscious state	
Putting in Semi-conscious state	
Putting in Unconscious state	
Putting in Conscious state	
No, the answer is incorrect. Score: 0	
Accepted Answers: Putting in Semi-conscious state	
17) NLP Modelling is	1 poi
Recreating excellence	
Duplication	
Trial & error	
Imitation	
No, the answer is incorrect. Score: 0	
Accepted Answers: Recreating excellence	
18) The part of the brain primarily responsible for logic and computation is	1 poi

Right Brain	
C Left Brain	
Midbrain	
Hindbrain	
No, the answer is incorrect. Score: 0	
Accepted Answers:	
Left Brain	
19) Ecology check is mandatory in	1 point
O Pacing & Leading	
○ Trance Induction	
Reframing Technique	
Fast Phobia Cure	
No, the answer is incorrect. Score: 0	
Accepted Answers:	
Reframing Technique	
20) The main role of the conscious mind is	1 point
To control involuntary actions	
○ To manage emotional responses	
○ To handle logic and reasoning	
○ To store memories	
No, the answer is incorrect. Score: 0	
Accepted Answers:	
To handle logic and reasoning	